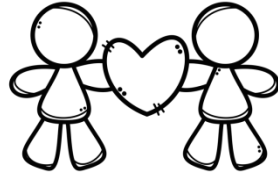


Acts of Kindness

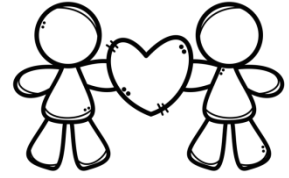
"Be the change you wish to see in the world" - Gandhi



- ☆ Write thank you notes
- ☆ Hold the door for someone
- ☆ Help out around your house
- ☆ Leave a kind note or treat for your postal carrier
- ☆ Visit someone elderly
- ☆ Smile
- ☆ Write a thank you note to a teacher
- ☆ Donate something
- ☆ Thank your bus driver
- ☆ Wave
- ☆ Give someone a hug
- ☆ Give a compliment to someone
- ☆ Read to someone younger than you

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